

Student Wellbeing Classroom Resource

In-Class Microsoft Forms Survey

Developed by:

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Large Classes



Accessible for
reserved students



Foster supportive
classroom environment



Identify students
needing support

Description

A survey is developed on Microsoft Forms to present a series of wellbeing questions to students during class. This survey performs two key functions: (1) to encourage students to discuss their responses with one another and therefore establish a platform for peer wellbeing discussion, (2) to provide academics with insight into the wellbeing status of the class and individual students who may require further support.

Implementation

- Create survey on Microsoft Forms: Keeping the surveys identified can enable academics to contact specific students who may require further assistance. Alternately, the results of anonymised surveys can be shared with the broader class to reassure students that their peers also share similar wellbeing experiences and challenges.
- Provide survey to students early in the term (e.g. Week 3): This provides time for academics to respond to concerns and support students before the stress of term sets in.
- Can be provided during the lecture or tutorial: It is encouraged that students fill out the survey in the presence of other students so that they can talk with one another about their responses. This helps to open dialogue about wellbeing related issues and establish a safe environment for students to voice concerns and struggles.

Evidence of effectiveness

- Hear students sharing experiences and concerns with one another
- Rich and honest written responses to survey questions
- Students approach lecturer and/or tutor with wellbeing concerns when they arise

Dr Jose Bilbao and Dr May Lim are members of the Education Focussed Student Wellbeing Community of Practice (CoP). To find out more about the CoP, please contact the EF Team: EF@unsw.edu.au